Candles

N’varekh et ha-or ba-olam. N’varekh et ha-or ba-adam. N’varekh et ha-or shel Shabbat.

Let us bless the light in the world. Let us bless the light in humanity. Let us bless the light of Shabbat.

Wine

N’varekh et yotzrei p’ri ha-gafen.

Let us bless those who create the fruit of the vine.

Challah

N’varekh et ha-motzi’im lechem min ha-aretz.

Let us bless those who bring forth bread from the earth.