



Humanistic Tot Shabbat – Machar / JCS

"This Little Light Of Mine"

(African-American spiritual / Civil Rights Movement anthem; new middle verse by Rabbi Binyamin Biber)

All together sing:

**This little light of mine, I'm gonna let it shine, (3 times)
Let it shine, let it shine, let it shine.**

**My little light is the light of peace, I'm gonna let it shine.
In Israel & Palestine, I'm gonna let it shine.
All over the world, I'm I'm gonna let it shine.
Let it shine, let it shine, let it shine.**

**This little light of mine, I'm gonna let it shine, (3 times)
Let it shine, let it shine, let it shine.**

Lighting Sabbath Candles

Hadlaqat Nerot Shel Shabbat - הדלקת נרות של שבת

All who wish to say the Hebrew words:

Barukh ha-`or shel Shabbat.

ברוך האור של שבת.

All together read/say translation:

Blessed is the light of Shabbat.

Wine Blessing with Special Wishes: "To Life"

Qiddush I'-Haiyim - קידוש לחיים

Leader:

Red wine and grape juice make people happy and we drink them on Shabbat,
and at other special times like holidays and weddings.

So when we drink red wine and grape juice, we think of happy times
and we wish for more happy times for everyone.

Before we drink our wine or juice on Shabbat or other special times,
we wish for everyone to have a good life,

by raising our cups together and saying these special words:

"To Life!"

All together read/say the English:

"To Life!"

Leader:

In Hebrew the words "To Life!" are said "L'-Haiyim!" Let's try that together:

All who wish to say the Hebrew:

L'-Haiyim!

לחיים!

Blessing for Children (Inspired by the Hebrew Bible, Numbers 6.24-26)

Parents read together & traditionally place their hands on their children's heads when they give this blessing.

**I/we bless you & watch over you with my/our love,
and I/we hope that your learning & good deeds bring you joy & long life.
May you help others and be an example to all,
just as others help you & show you the paths of goodness.
May the best within you shine forth with love,
and may you always lift up your face to meet others in peace.**

"Breaking Bread" & Sharing Help Make the World Better & Peaceful

When we share and eat food with other people we are "breaking bread" with them.

Sharing food and other good things with people is a good way to help us all to get to know each other and to get along nicely with each other.

This kind of sharing is one way that our Jewish great-great-grandparents, & their parents before them, made friends & made peace - shalom - with their neighbors. Every day, including on Shabbat, we can share food or "break bread" with many kinds of people to make friends and make the world better and more peaceful. We know that there are hungry people all over the world.

So each time we eat, we are lucky to have food, and we can feel thankful or grateful to all the people who made the food we eat -

to all our parents and the farmers and the many workers who feed the world - and we can share our food and many other good things with others.

Now let's all wish for peace - shalom - and share some special hallah bread.

Let's all say "shalom" together now: **"Shalom!" שְׁלוֹמִים!**

"Shalom" means "peace" and that's what we wish for all the world.

(All share some hallah, or a symbolic pinch of it is eaten by someone & everyone else eats some after the service.)

Shabbat Shalom - A Sabbath of Peace

שַׁבָּת שְׁלוֹמִים

The Shabbat candles are so pretty and light up our special day, the Shabbat.

We feel good getting together on Shabbat, sharing our juice and special hallah bread, and now we will wish each other a Sabbath or "Shabbat of peace": "Shabbat Shalom."

All turn to each other and shake hands or give hugs and say:

Shabbat Shalom! שַׁבָּת שְׁלוֹמִים!

We are now going to end our little Shabbat party with a song with those same words: "Shabbat Shalom."

The song goes like this:

Shabbat Shalom (clap), **Shabbat Shalom** (clap),

Shabbat Shabbat Shabbat Shabbat Shalom! (clap), (repeat from beginning then go on)

Shabbat Shabbat Shabbat Shabbat Shalom! (repeat once then go back to 1st part)

Shabbat Shalom! שַׁבָּת שְׁלוֹמִים!

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Contact info: <rav.bibi@verizon.net>; 301.563.6341; 9039 Sligo Creek Pkwy #1216, Silver Spring, MD 20901.